

Insert School Name/PTA Name Here

Home Room Parents Classroom Celebration Guidelines

In an effort to move towards a healthier environment for our students, the following guidelines are offered to all home room parents to pass on to your parents when planning classroom & school celebrations:

1. When doing a MySignUp, it is recommended that only ONE parent (or none) bring in a sugary treat. Other parents can be scheduled to bring in healthy alternatives.
2. Make celebrations food-free; offer non-food activities that highlight the purpose of the celebration.
3. Limit sugary treats to fun birthday events.

Please see the attached information that has several fun ideas for classroom celebrations. This and more information can be obtained at the Center for Science in the Public Interest (www.cspinet.org).