



## Fairfax County Public Schools

# How to Request a Salad Bar for Your School

FCPS Food and Nutrition Services (FNS) has teamed with school communities and Real Food for Kids in a five-year program to install salad bars in every Fairfax County elementary school through 2021.

FNS is committed to developing a visionary program that is based on fresh and local procurement in combination with nutrition education, providing children with the tools and resources needed to foster life-long healthy eating behaviors. Science-based research proves that access to and availability of healthy foods in school settings has a direct correlation to wellness, giving schools unparalleled potential to impact the lives of students.

The Farm to School program created by FNS is based on fresh and local procurement with nutrition integrity as a main objective. Salad bars are key to this program, offering a variety of nutritious choices every day and encouraging children to consistently build meals based on a foundation of colorful fruits and vegetables.

## To Request a Salad Bar for Your School

### FOOD AND NUTRITION SERVICES

**Contact: Christie St. Pierre, FNS Farm to School Specialist, [cstpierre@fcps.edu](mailto:cstpierre@fcps.edu)**

The request must be made **by a school administrator** directly to Christie St. Pierre at Food and Nutrition Services. Parents or PTAs desiring a salad bar should meet with their administrator to ask the request be made. FNS will work with schools to schedule a date.

Thirty-one salad bars are planned for installation in the 2017-2018 school year. Consideration will be given to geographic diversity in scheduling to ensure equitable distribution throughout the county. PLEASE NOTE: There is a waiting list for the 2017-2018 school year.

FNS will coordinate with school administrators and food service staff to prepare for salad bar installations. Typically, salad bar openings will be scheduled for Wednesdays and will follow two days of short student assemblies on salad bar etiquette. FNS will also provide a salad bar orientation slide show for teachers to share with students prior to the assemblies.

### REAL FOOD FOR KIDS

**Contact: Mary Porter, Director of Programs, [mporter@realfoodforkids.org](mailto:mporter@realfoodforkids.org)**

FNS Partner, Real Food for Kids, will work with scheduled schools to organize volunteers for salad bar openings and will be at each opening to support school staff. RFFK's Director of Programs, Mary Porter, will reach out to school administration once your school is confirmed and installation plans have begun.

We look forward to welcoming you as part of the FCPS Salad Bar Community.